

Appendix 2: Cruse

=Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	6024			
Name of Organisation	Cruse			
Organisation Type	Registered charity			
Ward	Covers the whole of Letchworth			
Project Type	Bereavement support			
Green option considered?	/			
NHC Councillor involvement that may constitute a conflict of interest	None that we are aware of.			
Previous financial support within six years	/			
Documentation reviewed and approved*	Safeguarding	Yes	Accounts	Yes
	Demonstrates clear governance	Yes		
Total applied for	£1,360	Total project cost	£1,360	
Officer Summary				

Cruse provides free, specialist bereavement support for local adults, children, and young people (this application does not relate to children, and young people however), irrespective of how or when a bereavement occurred.

They would like to spend funding on a Bereavement Support Group to be held in Letchworth. The group would be held once a month for a total of 6 months. Each group session lasts around 1½ hours. They would require funding for refreshments; very possibly room hire; volunteer travel and CPD costs; and administration/helpline costs.

The group will be held on a weekday morning. They hope to use the same venue as for previous groups - the Broadway Hotel, in Letchworth once a month for 6 months. This hotel is situated in the town centre, a few minutes' walk from the train station and bus stops.

Group sessions give people battling with loneliness and social isolation the opportunity to meet other local people going through similar experiences and to talk openly and honestly about their feelings and how they are adjusting to living without their loved one. This form of support can be extremely empowering for bereaved people, enabling them to form long-lasting friendships and support networks for when their support ends.

Often this also results in local informal support groups forming amongst peers, supporting one another through WhatsApp groups and physical activities, e.g. coffee morning or Walk & talk groups, enabling clients to improve physical as well as mental wellbeing.

*Funding will only be released on receipt and approval of all supporting documentation