

## Appendix 2: Impactful Lives

### =Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	6145			
Name of Organisation	Impactful Lives			
Organisation Type	Charity			
Ward	All of Hitchin			
Project Type	Empowering LGBTQ+ community			
Green option considered?	N/A			
NHC Councillor involvement that may constitute a conflict of interest	None known			
Previous financial support within six years	No			
Documentation reviewed and approved*	Safeguarding	Yes	Accounts	Yes
	Demonstrates clear governance	Yes		
Total applied for	£1,500	Total project cost	£2,246	
Officer Summary				
<p><a href="#">Impactful Lives</a> is dedicated to empowering LGBTQ+ individuals across Hertfordshire, with a strong focus on inclusion, accessibility, and mental well-being.</p> <p>They run a Queers and Peers Hitchin group and are applying for funding for six monthly 2-hour gatherings that will embed wellbeing and connection.</p> <p>Each session will combine social connection opportunities with specific hands-on activities including but not exclusively:</p> <ul style="list-style-type: none"> <li>• Pasta making workshops that promote culinary skills while facilitating relaxed, informal conversation.</li> <li>• Painting sessions that encourage creative self-expression regardless of experience level.</li> <li>• Practices and activities to manage stress and reduce anxiety.</li> <li>• Facilitated discussions about shared experiences and strategies to overcome barriers faced by LGBTQ+ individuals.</li> <li>• Skill-sharing focused on living healthier, more fulfilling lives as authentic LGBTQ+ people</li> </ul> <p>Hitchin Town Hall has initially been chosen for the gatherings for its central location, accessibility, and suitability for community gatherings. As a community-led group, future session venues may vary based on participant input, the type of activity planned, and seasonal considerations, ensuring the group remains responsive, safe and inclusive.</p> <p>Feedback from LGBTQ+ individuals and local organisations has revealed a clear need for more inclusive and creative safe spaces in Hitchin, where current provision is limited.</p> <p>Funding will support the costs of running the gatherings, including venue hire, activity expenses and staff outreach hours. With a contribution of £746 provided by Impactful Lives.</p>				

\*Funding will only be released on receipt and approval of all supporting documentation