

## Appendix 4: Being Mortal

### =Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	CG - 219			
Name of Organisation	Being Mortal			
Organisation Type	Community Interest Company			
Ward	All			
Project Type	Support to dementia caregivers			
Green option considered?	N/A			
NHC Councillor involvement that may constitute a conflict of interest	None known			
Previous financial support within six years	None			
Documentation reviewed and approved*	Safeguarding	Yes	Accounts	Yes
	Demonstrates clear governance	Yes		
Total applied for	£1,480	Total project cost	£1,480	

#### Officer Summary

[Being Mortal](#) is a campaign which encourages us all to celebrate life and acknowledge, talk about and plan for death, dying and grieving. Talking about and planning for these natural life processes helps to reduce fear, promotes wellbeing and gives us agency over our own story. It empowers us to engage, over time, in end-of-life decision-making which fully reflects what matters to us as individuals.

Being Mortal are requesting grant funding to support a new project: 'Enhancing the wellbeing of dementia caregivers and their loved one'. The project would provide training and development for carers looking after a person living with dementia.

Previous provision of dementia carers training in Letchworth has now ceased. This new project will fill this gap and extends the opportunities available to those caring for someone living with dementia. The project focuses on developing the resilience of caregivers through increased understanding of dementia, skills development and support for forward planning.

The training would be made up of 4 x two-hour sessions and they are looking for funding to run it twice, as outlined below:

- Venue hire - £45 per session for 8 sessions (3 hours each). They are looking into The Settlement, chosen for its central location and accessibility but are open to exploring other venue options totalling £360
- Staffing which would be for 2 trainers at £25 per hour, to deliver 8 sessions totalling £800
- Staffing for prep/set up totalling £200
- Refreshments totalling £120

The proposed project demonstrates value for money primarily by significantly reducing overall healthcare costs and improving quality of life both for people with dementia and their carers, resulting in substantial savings to health and social care systems.

\*Funding will only be released on receipt and approval of all supporting documentation